

Dr. Kurpis's office staff includes a prosthodontist, periodontist, and periodontal hygienist. "We are not only a cosmetic dentistry office but a full-service dental office with multiple specialties under one roof," he says. "Cosmetic dentistry work cannot last without a healthy mouth to support it." During his 32 years of practicing cosmetic dentistry, Dr. Kurpis has emphasized the

importance of achieving optimal oral health. "Fifty percent of all people have some degree of periodontal disease, and since 90 percent of the patients we treat are female, we obviously see many women with periodontal disease," he says. "Fortunately, it can be treated." At a patient's first visit, Dr. Kurpis evaluates oral health and screens for periodontal disease.

PARAMEDICAL TATTOOING

TATTOOS CAN RESOLVE SOME HEALTH-RELATED AESTHETIC CONCERNS

At the office of the Center for Permanent Cosmetics in Manhattan, Tenafly, and Montclair, Melany Whitney, a board-certified permanent-cosmetics practitioner, is helping patients attain a better self-image by the application of permanent cosmetic tattoos. "Today there have been



Melany Whitney, SPCP, FAAM, a permanent cosmetics practitioner/instructor certified by the American Academy of Micropigmentation and the Society of Permanent Cosmetic Professionals.

"The Truth About Nose Surgery"

BY RAMTIN KASSIR, M.D.

Are you embarrassed by the appearance of your nose? Are you thinking about changing the shape of your nose or having something done to improve your breathing? If so, you're not alone. Each year, approximately 150,000 Americans of all ages have "nose jobs." Besides making you feel better about your appearance, nose surgery can



After nose surgery
by Dr. Kassir



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alleviate or cure headaches and breathing problems, and correct deformities from birth or injury. Many people who have had nose surgery are amazed by the difference it makes in their self-esteem, a factor that usually gives them an edge professionally and personally. These people hope to achieve improved breathing, a more pleasing appearance, or both. That's why it's important to be an informed consumer when it comes to nose surgery.

Noses Droop With Age

It's a little known fact that our noses droop as we age. That's why many people are never bothered by the appearance of their noses until they grow older. When the drooping tip is corrected, a more youthful appearance is achieved instantaneously. "The goal today is a nose that looks natural," says Dr. R. Ronald Kassir, a facial plastic surgeon. "Men usually want a masculine looking nose and a strong chin, both of which can be achieved via cosmetic surgery," he says. "Women want a nose that looks feminine but is in keeping with their overall appearance."

Computer Imaging Gives a Preview

Fortunately, today's high-tech innovations have made nose surgery more predictable. The doctor can use computer imaging equipment to project your face on screen and show how you might look after nose surgery (as well as other facial procedures you might be having). This allows you to communicate to your doctor what changes you would like.

Choosing a Surgeon

It's important to choose a doctor who is a specialist in the nasal airway as well as nasal aesthetics. As a board certified facial plastic surgeon who is also board certified in otolaryngology, Dr. Kassir does facial work exclusively. What this means for the patient is that the doctor has extensive experience in facial procedures such as nasal surgery; thus, he understands not only aesthetics (how to make the nose look attractive) but also function. "This is very important to people who are involved in sports and exercise," says Dr. Kassir. "They want to breathe well and look good."

Free Report Reveals The Facts

So if you've ever considered changing the shape of your nose or improving your breathing, call (973) 692-9300, Anytime, 24 Hours, and ask to have a free copy of What You Should Know About Nose Surgery rushed out to you. It answers all your questions and much more. Or simply come in for a consultation with Dr. Kassir.

Are You A Candidate For Nose Surgery?

Take this quick test—look in a mirror and answer these questions.

- Does your nose appear too large or too small for you?
- Do you notice a dent or bump on the nasal bridge, when viewed from the front?
- Does your nose appear too wide when viewed from the front?
- Does the tip of your nose droop or plunge up?
- Is the tip of your nose thickened or enlarged?
- Are your nostrils excessively flared?
- Is your nose off-center or crooked?
- Has a prior injury made your nose out of proportion to your other facial features?
- Do you have any problems with:
 - 1) Breathing through your nose
 - 2) Chronic Nose or Sinus complaints?

If your answer was YES, even just for one of these questions, you may be a candidate for a "new nose." Call our office at 973-692-9300 to schedule your personal consultation with Dr. Kassir.

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- American Board of Dermatology
- American Board of Internal Medicine

amazing achievements in replacing a brow where one was or should have been, redefining a lost lip line, camouflaging an unsightly scar, and recreating an entire areola and nipple complex on the breast," she says. Women who have undergone reconstructive breast surgery can regain confidence through a soft-edged and three-dimensional nipple color implantation. "Scars will seem to disappear and become more relaxed, with pigment mixed to match skin tone and then implanted to blend into the surrounding skin," she says. "Skin-color loss from sun damage can be made to disappear, and face-lift scars can also be diminished. Hair loss caused by alopecia or trichotillomania is also easily remedied." The technique can also be used to conceal areas from which hair has been harvested for transplantation.